

# Lesson 4 - Prayer

## What is Prayer?

The dictionary says that prayer is to *address God with adoration, confession, supplication, or thanksgiving*. In other words, prayer is simply talking to God. Prayer is not repeating certain words or being in a certain position. Prayer is just telling God what is on your heart. Reading a prayer to God would be like reading a conversation with your best friend. God just wants us to talk to Him. When we talk to God we praise Him for what He is, we thank Him for what He has done for us, we ask for forgiveness of our sins, we pray for others and we ask Him for what we need.

Jesus gave us a model prayer to follow. He did not give it for us to repeat the words, but He gave it to us so that we might know how to pray in our own words.

### The Model Prayer.

#### Matthew 6:9-13:

After this \_\_\_\_\_ therefore \_\_\_\_\_ ye: Our  
\_\_\_\_\_ which art in \_\_\_\_\_,  
be thy \_\_\_\_\_. Thy \_\_\_\_\_ come. Thy \_\_\_\_\_  
be \_\_\_\_\_ in \_\_\_\_\_, as it is in \_\_\_\_\_.  
\_\_\_\_\_ us this \_\_\_\_\_ our \_\_\_\_\_.  
And \_\_\_\_\_ us our \_\_\_\_\_, as we \_\_\_\_\_  
our \_\_\_\_\_. And lead us not into \_\_\_\_\_, but  
\_\_\_\_\_ us from \_\_\_\_\_: For \_\_\_\_\_ is the  
\_\_\_\_\_, and the \_\_\_\_\_ and the \_\_\_\_\_, for  
\_\_\_\_\_. Amen.

**Assignment:** Read the account of Elijah and the prophets of Baal on Mt. Carmel in I Kings 18:21-40 and answer these questions.

1. How many prophets of Baal were there? v.22 \_\_\_\_\_

2. How long did the prophets of Baal pray? v.26 \_\_\_\_\_

3. What did Elijah pour on his offering? vs.33-34 \_\_\_\_\_

4. How many words were in Elijah's prayer? v.36 \_\_\_\_\_

5. In answer to Elijah's prayer, what five things were consumed? v.38

(1) \_\_\_\_\_

(2) \_\_\_\_\_

(3) \_\_\_\_\_

(4) \_\_\_\_\_

(5) \_\_\_\_\_

## Why Should We Pray?

If for no other reason, we should pray because God asks us. It is His desire for us to talk to Him. It is only natural for us to talk to those we love.

### We are commanded to pray.

#### 1 Thessalonians 5:17:

\_\_\_\_\_ without \_\_\_\_\_.

### We pray to praise God.

#### Hebrews 13:15:

By \_\_\_\_\_ therefore let us \_\_\_\_\_ the \_\_\_\_\_  
of \_\_\_\_\_ to \_\_\_\_\_, that is,  
the \_\_\_\_\_ of our \_\_\_\_\_ giving \_\_\_\_\_ to his  
\_\_\_\_\_.

### We pray to thank God.

#### Ephesians 5:20:

Giving \_\_\_\_\_ always for all \_\_\_\_\_ unto \_\_\_\_\_

and the \_\_\_\_\_ in the \_\_\_\_\_ of our \_\_\_\_\_  
\_\_\_\_\_;

**We pray to confess our sins.**

**1 John 1:9:**

If we \_\_\_\_\_ our \_\_\_\_\_, he is \_\_\_\_\_  
and \_\_\_\_\_ to \_\_\_\_\_ us our \_\_\_\_\_ and to  
\_\_\_\_\_ us from all \_\_\_\_\_.

**We pray for others.**

**Romans 10:1:**

Brethren, my \_\_\_\_\_ and \_\_\_\_\_  
to \_\_\_\_\_ for \_\_\_\_\_ is, that they might be \_\_\_\_\_.

**We pray for ourselves.**

**John 15:7:**

If ye \_\_\_\_\_ in me, and my \_\_\_\_\_  
in you, ye shall \_\_\_\_\_ what ye will, and it \_\_\_\_\_ be \_\_\_\_\_  
unto you.

**Assignment:** Read John chapter 17. This was Jesus' prayer just a few hours before He went to the cross.

1. What two things had Jesus done while He was on earth? v.4

(1) \_\_\_\_\_

(2) \_\_\_\_\_

2. What did Jesus give to us that He had received from the Father? v.8

\_\_\_\_\_

3. What did Jesus not pray that we should be taken out of? v.15

\_\_\_\_\_

4. What did He pray that we should be kept from? v. 15 \_\_\_\_\_

5. Are we of the world? v. 16 \_\_\_\_\_

6. For whom was Jesus praying? v.20 \_\_\_\_\_

## How Should We Pray?

Prayer is not the outward position of the body but comes from the sharing of our hearts with God. We can pray at anytime and in any place. We can pray while we work, while we walk or while we are still. We can pray in a large crowd or by ourselves.

**We should pray in humility.**

**Luke 18:13:**

And the publican, \_\_\_\_\_ afar \_\_\_\_\_, would not \_\_\_\_\_  
up so much as his \_\_\_\_\_ unto \_\_\_\_\_, but \_\_\_\_\_  
upon his \_\_\_\_\_, saying, \_\_\_\_\_ be \_\_\_\_\_  
to me a \_\_\_\_\_.

**We should pray believing.**

**Mark 11:24:**

Therefore I say unto you, What \_\_\_\_\_ soever ye \_\_\_\_\_,  
when ye \_\_\_\_\_, \_\_\_\_\_ that ye \_\_\_\_\_  
them, and ye \_\_\_\_\_ have them.

**We should pray in Jesus' name.**

**John 14:14:**

If ye shall \_\_\_\_\_ anything in my \_\_\_\_\_, I \_\_\_\_\_ do it.

**We should pray in His will.**

**1 John 5:14:**

And this is the \_\_\_\_\_ that we have in him, that, if we \_\_\_\_\_ any thing \_\_\_\_\_ to his \_\_\_\_\_, he \_\_\_\_\_ us:

**We should pray from the heart.**

**Matthew 6:7:**

But when ye \_\_\_\_\_, use not \_\_\_\_\_, as the \_\_\_\_\_ do: for they \_\_\_\_\_ that they shall be for their much \_\_\_\_\_.

**Assignment:** Look up the following Scriptures and give the bodily positions the people were in while they were praying.

- Numbers 20:6 \_\_\_\_\_
- 1 Kings 18:42 \_\_\_\_\_
- Luke 18:13 \_\_\_\_\_
- John 17:1 \_\_\_\_\_
- Acts 7:60 \_\_\_\_\_

**When Should We Pray?**

We can pray to God anytime day or night. We should be in a spirit of prayer all of the time. We can come to God in prayer in good times or in bad times, when we are in need or just want to thank Him for something.

**We should pray in time of trouble.**

**Matthew 14:29-30:**

And he said,\_\_\_\_\_. And when \_\_\_\_\_ was \_\_\_\_\_ down out of the \_\_\_\_\_, he \_\_\_\_\_

on the \_\_\_\_\_, to go to \_\_\_\_\_. But when he \_\_\_\_\_ the \_\_\_\_\_ boisterous, he was \_\_\_\_\_; and beginning to \_\_\_\_\_, he \_\_\_\_\_, saying \_\_\_\_\_, \_\_\_\_\_ me.

**We should pray in time of sorrow.**

**Psalm 116:3-4:**

The \_\_\_\_\_ of \_\_\_\_\_ compassed me, and the \_\_\_\_\_ of \_\_\_\_\_ gat hold upon me: I found \_\_\_\_\_ and \_\_\_\_\_. Then \_\_\_\_\_ I upon the \_\_\_\_\_ of the \_\_\_\_\_; O \_\_\_\_\_, I beseech thee, \_\_\_\_\_ my \_\_\_\_\_.

**We should pray in time of need.**

**Matthew 6:8:**

Be not ye therefore \_\_\_\_\_ unto them: for your \_\_\_\_\_ what \_\_\_\_\_ ye have \_\_\_\_\_ of, before ye \_\_\_\_\_ him.

**We should pray in time of rejoicing.**

**1 Thessalonians 5:16-18:**

Rejoice \_\_\_\_\_ without \_\_\_\_\_. In \_\_\_\_\_ give \_\_\_\_\_: for this is the \_\_\_\_\_ of \_\_\_\_\_ in \_\_\_\_\_ concerning you.

**Assignment:** Look up the following Scripture and tell the time of day that these prayers were made.

Psalm 55: 17 \_\_\_\_\_

Mark 1:35 \_\_\_\_\_  
Luke 6:12 \_\_\_\_\_  
Acts 16:25 \_\_\_\_\_  
1 Thessalonians 3:10 \_\_\_\_\_

### Our Personal Quiet Time.

Every child of God should maintain a daily quiet time with the Father. This is sometime called our personal devotions. It should include reading some from the Word of God and spending some time talking to the Lord. If possible this should be done alone and at the same time each day. Early in the morning is a good time to meet with the Lord. It does not need to be a long time, but it needs to be done every day.

#### A time alone with the Father.

##### Matthew 6:6:

But thou, when thou \_\_\_\_\_, enter into thy \_\_\_\_\_,  
and when thou hast \_\_\_\_\_ thy \_\_\_\_\_,  
to thy \_\_\_\_\_ which is in \_\_\_\_\_; and thy  
\_\_\_\_\_ which \_\_\_\_\_ in \_\_\_\_\_ shall  
\_\_\_\_\_ thee \_\_\_\_\_.

#### A set time each day.

##### Daniel 6:10:

Now when \_\_\_\_\_ knew that the writing was signed, he went  
into his \_\_\_\_\_: and his windows being \_\_\_\_\_ in his  
\_\_\_\_\_ toward \_\_\_\_\_, he \_\_\_\_\_  
upon his \_\_\_\_\_ times a \_\_\_\_\_,  
and \_\_\_\_\_, and gave \_\_\_\_\_ before  
his \_\_\_\_\_, as he did \_\_\_\_\_.

#### A time for Bible reading.

##### Psalm 119:11:

Thy \_\_\_\_\_ have I \_\_\_\_\_ in mine \_\_\_\_\_ that I might  
not \_\_\_\_\_ against \_\_\_\_\_.

#### A time to pray.

##### Philippians 4:6:

Be \_\_\_\_\_ for \_\_\_\_\_; but in \_\_\_\_\_  
by \_\_\_\_\_ and \_\_\_\_\_ with  
\_\_\_\_\_ let your \_\_\_\_\_ be made  
known unto \_\_\_\_\_.

**Assignment:** Read Matthew 6:5-15 and answer the following questions.

1. Why do the hypocrites pray? v.5 \_\_\_\_\_  
\_\_\_\_\_
2. If we pray in secret how will the Lord reward us? v.6 \_\_\_\_\_
3. What are we not to use when we pray? v.7 \_\_\_\_\_
4. What must we do if we would be forgiven? v. 15 \_\_\_\_\_  
\_\_\_\_\_

### DO THE TEST FOR LESSON 4